

PREAMBLE

Believing that the activities program is an integral part of, and has profound affect upon the secondary school, and knowing that the best interests of all concerned are served when activities are constructed on a sound educational basis, the member schools establish this constitution and its by-laws to govern inter-school activities.

CONSTITUTION

ARTICLE I. NAME

This association shall be known as the **UPSTATE EIGHT HIGH SCHOOL Conference**.

ARTICLE II. OBJECT

The object of this association shall be to protect and promote the interscholastic interest of the high schools that belong to this association and to promote good fellowship and sportsmanship among the schools.

ARTICLE III. MEMBERSHIP

SECTION 1. This association shall be composed of the high schools of Aurora East, Bartlett, DeKalb, Elgin, Lake Park, Larkin, Neuqua Valley, St. Charles East, St. Charles North, Streamwood, Waubonsie Valley, and other such schools as shall be admitted.

SECTION 2. Any school participating in a given activity in which a conference championship is determined shall meet all of the other schools in the conference who participate in the activity with the exception of football.

SECTION 3. Any violation of the rules of this association shall render the offending school liable to suspension or expulsion by a vote of the Board of Control.

SECTION 4. If a school shall desire to drop its membership in the conference, it should notify the conference of its intent to withdraw from the conference one year in advance of the date of withdrawal. Notice of intent to withdraw from the conference should be given at the regularly scheduled conference meeting.

ARTICLE IV. ADMINISTRATION

SECTION 1. Management of this association shall be vested in a Board of Control.

SECTION 2. The Board of Control shall consist of the principals of the high school belonging to the association. Each member school shall have one vote.

SECTION 3. The Board of Control shall determine the rules governing the eligibility of contestants and shall approve all schedules.

SECTION 4. The officers of the Board of Control shall be president and secretary-treasurer.

SECTION 5. The officers of the Board shall form an executive committee, which shall act in an advisory capacity to the president.

SECTION 6. Election of officers: In May, the rotation of officers will be announced for the following year. The office of president and secretary-treasure shall be rotated every year following the alphabetical sequence of each member school's name. The exception to this rule would be a first year principal in the Upstate Eight who was to become president. In that case, the next in line would become president and the first year principal would become last in the rotation. The president and the secretary-treasure shall hold office for one year. The secretary-treasure moves to the office of president at the end of his/her term of office.

In May, the rotation of officers will be announced for the following year. The offices of president and secretary-treasure for the athletic directors will be from the same schools as the officers of the Board of Control.

SECTION 7. The secretary-treasurer shall be paid an annual salary of \$800.00.

SECTION 8. Finances: The Board of Control may at any meeting levy on each school such assessments as they think necessary for expenses. The yearly assessment for the following year shall be determined at the final meeting of each year, and shall be payable to the secretary-treasurer each fall by the end of the first week of school.

SECTION 9. The president shall preside at conference meeting and is entitled to cast one vote for his/her school on any matter becoming before the conference.

SECTION 10. It shall be the duty of the secretary-treasurer to keep an accurate record of the proceedings at conference meetings. The secretary-treasurer shall furnish copies of the proceedings to each member school before the next meeting.

SECTION 11. It shall be the duty of the secretary-treasurer to receive for deposit all funds belonging to the conference. The secretary-treasurer shall pay out moneys from the funds belonging to the conference as bills are received.

SECTION 12. The secretary-treasurer shall make a financial report to the conference at each regularly scheduled meeting.

ARTICLE V. MEETINGS

SECTION 1. The regular meetings of the Board of Control shall be held monthly from September through May. The president will determine the locations of the meetings.

SECTION 2. Faculty directors of various activities shall meet for an annual workshop to plan and schedule activities. Subsequent meetings may be scheduled as needed.

SECTION 3. Special meetings may be called by the president or shall be called by the secretary-treasurer upon request of five members.

ARTICLE VI. AMENDMENTS

SECTION 1. The constitution of this association, or its by-laws, may be amended by a two-thirds vote of the conference membership.

SECTION 2. If a change in the constitution or the by-laws is to be considered, information and rationale about the proposed change should be presented in time for adequate research and discussion.

ARTICLE VII. VOTING

SECTION 1. Each member school shall be entitled to one vote.

SECTION 2. A quorum for enacting the business of the conference shall be a number equal to more than one-half of the member schools.

SECTION 3. A quorum is needed to conduct association business, except as set forth in Article VII, Section 4.

SECTION 4. A two-thirds vote of all members is required to admit a new school into the conference

SECTION 5. If deemed necessary by the president of the Board of Control, business may be conducted by telephone, fax, or e-mail.

ARTICLE VIII. REVIEW OF CONSTITUTION BY-LAWS

SECTION 1. By-laws and constitution are reviewed annually and appropriate action taken when needed. Any change proposed by athletic directors must be brought before the Board of Control for approval.

Booklets will be reproduced on even numbered years beginning in 2004.

THE BY-LAWS
UPSTATE EIGHT CONFERENCE
Of
NORTHERN ILLINOIS HIGH SCHOOLS

ARTICLE I. ORGANIZATION

All members of this conference must belong to the Illinois High School Association and must conform to the rules of the State Association in all contests. It is understood that the rules of this conference shall not violate in any way the Illinois High School Association rules.

ARTICLE II. CONTESTS

The conference shall hold such contests and under such rules and regulations as are provided for in the by-laws. It is understood that to have conference competition in any activity, member schools must indicate a willingness to participate in such competition.

Conference schools will not engage in participation of intra-conference activities nor conduct practice during conference endorsed calendar holiday dates including Thanksgiving Day, Christmas Day, and New Year's Day.

Holidays not listed above should be considered regular school days. Schools may participate in contests and/or practice on those days (example: Columbus Day).

There will be no practice, no team meeting, and no competition permitted by conference schools on Sunday.

NOTE: *This rule passed 10/14/81 and reaffirmed 5/2/83 indicated the intent and spirit of the policy was to close down school activity on Sunday and holidays to allow families to be together.*

Post season Illinois High School Association sponsored events are exceptions and participating schools remaining in contention may elect to practice at their discretion.

Should a conference member school be closed early in the day or cancel school for a weather related emergency, the closed school administrator has an obligation to immediately notify their opponent's principal or designee informing them of the school's closing and subsequent inability to participate in the evening and/or afternoon of the emergency.

Athletic and Activities directors involved shall set the starting time for all weekday contests but such contests shall not begin until after the normal closing time of the home school.

Athletic and Activities directors shall schedule conference meets to avoid student athletes being removed from class and/or school to participate. The principal or his/her designee will make exceptions to this practice.

Golf: A conference golf tournament can be held during the school day.

Boys' & Girls' Tennis: Boys' and Girls' conference tennis meets may start on Friday at 1:00 p.m.

Boys' & Girls' Track: Boys' and Girls' conference track meets may start on Thursday/Friday at 3:00 p.m.

Badminton: Girls' conference meet may start on Thursday/Friday at 3:00 p.m.

At all contests the home school shall provide that the gates be opened at least one-half hour before the contest begins.

The Illinois High School Association strike policy will act as a guideline for the Upstate Eight Conference. Any conference athletic contest not played as a result of a strike shall be recorded as a forfeit [lost to the striking school(s)] and, if possible, made up only on an exhibition basis with the mutual consent of the two schools involved. The exhibition contest results will not count in the win/loss conference record of either school.

ARTICLE III. CHAMPIONSHIPS

Team championships will be recognized only on the varsity level of competition.

ARTICLE IV. ATHLETICS AND ACTIVITIES

PURPOSE: The purpose of athletics and activities in the conference shall be to promote maximum interscholastic competition among the member schools, to foster good relations, to promote sportsmanship and good conduct, and to encourage participation for as many students as possible.

The Upstate Eight policy regarding male and female athletes "crossing over" into sports conducted at the conference level for either girls or boys will be in accord with the Illinois High School Association State Tournament Series policy.

ACTIVITIES: Approved conference competition at the level recognized as follows:

Approved Conference Activity Levels of Competition

Art	V		
Chess	V		
Mathletes	V		
Scholastic Bowl	V	JV	
Speech – Debate	V		
Speech – Drama/Group Interp	V		
Speech – Individual Events	V	JV	

ATHLETICS:

APPROVED CONFERENCE ACTIVITY	BOYS				GIRLS			
	V	JV	SO	FR	V	JV	SO	FR
BADMINTON					V	JV		
BASEBALL	V		S	F				
BASKETBALL	V	JV	S	F(a/b)	V	JV	S	F(a/b)
BOWLING					V	JV1	JV2	
CROSS COUNTRY	V	OPEN		F/S	V	OPEN		F/S
FOOTBALL	V	JV	S/S(b)	F(a/b)				
GOLF	V		F/S		V	JV		
SOCCER	V	JV	S	F	V	JV 1	JV 2	F
SOFTBALL					V	JV		F
SWIMMING	V	JV			V	JV		
TENNIS	V	JV			V	JV		
TRACK	V		F/S		V	JV		
VOLLEYBALL	V	JV		F	V	JV	S	F
WRESTLING	V	JV 1	JV 2	F				
GYMNASTICS					V	JV		

- MANAGEMENT:**
- Item 1. The recommendations of the athletic and activities directors shall be submitted to the Board of Control of the Upstate Eight Conference for action.
- Item 2. The Upstate Eight Conference shall regulate the scheduling in any sport in which the majority of members compete.
- Item 3. All schedules shall be drawn up by the athletic and activities directors of the member schools of the Upstate Eight Conference, subject to approval of the Board of Control.
- Item 4. An athlete's name shall not appear on more than one athletic eligibility list at the same time. (Cheerleaders and poms may or may not be included on the athletic eligibility)
- Note:** The purpose of this item is to increase participation via limiting student participation to one sport at a time.*
- Item 5. Should a conference member school be closed early in the day or cancel school for a weather-related emergency, the closed school administrator has an obligation to immediately notify their opponent's principal or designee informing them of the school's closing and subsequent inability to participate in the evening and/or afternoon of the emergency.
- Item 6. The duties of assigning officials for basketball, football, soccer, volleyball, wrestling, speech and scholastic bowl shall be vested in an assignment chairman(s). The assignment chairman(s) shall be selected by the athletic and activities directors and approved by the Board of Control.
- The salary and duties of the assignment chairman(s) shall be stated in the contract between said person(s) and the Upstate Eight Conference.
- Item 7. The IHSA strike policy will act as guideline for the Upstate Eight Conference. Strikes should be discussed an action taken by the Board of Control on an individual school basis.

AWARDS: Annually, as approved by the Board of Control.

- SCHEDULES:**
1. The official schedule shall be construed as a contract and carry the same binding obligation as an IHSA contract.
 2. Schools may change the date of contract by securing the approval of the athletic or activity directors for all sports and notifying all other conference schools of change.
 3. A contest may be postponed due to severe weather conditions or other emergencies by mutual agreement and shall be rescheduled at the earliest date possible and practical.

SCOUTING AND FILMS:

1. Scouting is permissible and authorized scouts should be given the most adequate facilities available. Preference should be extended to scouts from schools playing the home team the next week.
2. The visiting school shall have choice of ordering duplicate films or, with permission of the host school, taking their own films for all football games, all wrestling matches, and basketball games. It is understood that where limited facilities are available, the host school shall have priority.
3. Films may be used by colleges and universities interested in granting athletic scholarships to members of athletic teams.

Miscellaneous

Tournaments: Unless otherwise specified in the schedule, the host school or Conference will establish the fees for a tournament. The dual fee scheduled for that sport and the length of time involved should serve as a basis for establishing the tournament fee.

No-Shows: When two varsity officials are scheduled and only one official works, the working official shall receive an additional 50% of his/her contract for the contest. Lower level contests will pay the same as the fee for a single official. When paid officials/judges do not report, coaches or assistant coaches will substitute without additional remuneration.

NISOC Agreement: It is agreed that members of NISOC will not exceed the above fee schedule but may contract officials for a lesser fee.

Championships & Invitations:

The above fees are based on eleven (11) teams being involved.

ARTICLE V. ACADEMIC ALL-CONFERENCE TEAM

1. An All-academic team is selected for each recognized Upstate Eight Conference competitive sport, pom poms, cheerleaders, team managers, and athletic trainers and recognized activities.
2. Nominees must be athletes or activity participant who are varsity letter winners, or will be receiving a varsity letter that season.
3. Students must be enrolled in high school a minimum of two (2) semesters, three (3) trimesters, or four (4) quarters. Freshman on a varsity team is not eligible for All-Academic teams.
4. Selection is based strictly on grade point average (accumulated), 3.5 points with a four point system and 4.5 with a five point system are the minimum standards for nominations.
5. Those selected for All-Academic recognition are listed alphabetically by their sport or activity.
6. The schools make the nominations from each school for each sport..
7. Certificates are given to each athlete.

ARTICLE VI. AWARDS

The Board of Control shall purchase trophies designating team conference championships. The trophy is to rotate each year, going to the winner of the conference championship for a one-year period. In the event of a co-championship, the trophy will be placed in each school for an equal length of time. If a school wins the trophy for three consecutive years, it becomes the permanent possession of that school and another will replace the trophy.

1. Awards Description:

Badminton:

Varsity Medals to first, second, third places in each division, ribbons for fourth places

JV Ribbons to first, second, third, and fourth places in each division

Badminton (continued)

(10 Singles, 5 Doubles – Varsity)

(10 Singles, 5 Doubles – JV)

Varsity total: 60 medals, 20 ribbons**JV total:** 80 ribbons**Boys'/Girls' Cross Country****Varsity** Medals too first though fifteenth places.
Ribbons to sixteenth through twenty-fourth places.**Open** Ribbons to first through twenty-fourth places**Boys' F/S** Ribbons too first through twenty-fourth places.**Boys' total:** 15 medals, 57 ribbons**Girls' total:** 15 medals, 57 ribbons**Boys' Golf****Varsity** All-Conference certificates too first through fifteen places.**Soph** Ribbons too first through twelfth places.**Varsity total:** 0 medals**JV total:** 15 ribbons**Girls Golf****Varsity:** All-Conference certificates too first through ninth places.**JV:** First through sixth places**Girls' Gymnastics****Varsity** Medals to first, second, third, fourth and fifth places
Ribbons 6 through 10**JV** Ribbons to first through fifth places**Varsity total:****JV total:**

Boys'/Girls' Swimming

Varsity Medals to first through third places
Ribbons to fourth through 6th places

JV/Soph Ribbons to first through sixth places

Varsity total: 126 medals, 126 ribbons
(63 each)

JV/Soph total: 252 ribbons (126 each)

Boys' Tennis

Varsity Medals to first, second, and third places.
Ribbon to fourth place

JV Ribbons to first through fourth places

(3 Singles, 4 Doubles – both levels)

Varsity total: 33 medals, 11 ribbons

JV total: 44 ribbons

Girls' Tennis

Varsity Medals to first, second, and third places.
Ribbon to fourth place

JV Ribbons to first through fourth places

(3 Singles, 4 Doubles – both levels)

Varsity total: 33 medals, 11 ribbons

JV total: 44 ribbons

Boys'/Girls' Track & Field (Indoor/Outdoor)

Varsity Medals to first through fifth places
(First, second, & third place medals are larger than fourth & fifth place medals)

**JV & F/S
Girls** Ribbons to first through fifth places

Boys' total: 125 medals (indoor)
150 medals, 150 ribbon
(outdoor)

Girls' total: 135 medals (indoor)
160 medals, 160 ribbons
(outdoor)

Wrestling

Varsity Medals to first, second, third places,
and fourth places in each weight class

14 weight classes: 56 medals, 12
ribbons

JV 1 Ribbons too first through fourth places in
each weight class.

14 weight classes: 56 ribbons (2" x 10")

**JV 2
Frosh** Ribbons too first through 4th places in
each weight class.

15 Weight classes: 60 ribbons (2" x
10")each

Art	Varsity	No team trophy Medals to “Best of Show”, 2 nd , 3 rd , 4 th , 5 th place 10 Honorable Mention red ribbons 10 Award of Merit yellow ribbons
	JV	No JV competition
Chess	Varsity	Traveling team trophy Medals to first, second, and third places for each of eight boards
	JV	No JV competition
Math Contest	Varsity	Traveling team trophy Individual ribbons to the top three scores on the individual subject area tested Team ribbons awarded to the top three scores in the subject area team totals. JV and Varsity team ribbons are awarded for the top three scores on the team competition tests.
Scholastic Bowl	Varsity	Traveling team trophy Conference champion medal for each member of the winning team.
	JV	No awards
Speech – Debate	Varsity	TBD
	JV	TBD
Speech – Drama/Group Interpretation	Varsity	TBD
	JV	TBD
Speech – Individual Events		Traveling team trophy
	Varsity	Medals to 1 st , 2 nd , and 3 rd place Ribbons to 4 th , 5 th and 6 th place
	JV	No awards

ARTICLE VII. TICKET MANAGERS

1. Each school shall be entitled to a minimum of 50 passes and a maximum of 100 passes, each good for two admissions at each game during a school year. No name shall be entered on these passes, so any authorized school personnel can use them. The secretary-treasurer of the Conference is responsible for providing these passes to the member schools.

2. Cheerleaders, in uniform, may be admitted without tickets.
3. It is recommended that the issuing of passes be at the discretion of the principal of each member school and would include issuing passes for members of the board of education, the administrative staff, the coaching staff, scouts, cheerleading sponsor, photographers, newspaper reporters, ticket managers, and faculty members.
4. Within one week after an advance sale, the ticket manager will be responsible for reporting the sales to the home school and will enclose a check to cover such sales. The supply of tickets for use for games away from home will be the responsibility of the faculty ticket manager, the principal, or the faculty member designated to be responsible for them.
5. In football, there will be no limit to the tickets to be sold in advance for a game away from home unless the home school requests a limitation to the number.

Cost of Tickets: The following are ticket prices established by the Upstate Eight Board Control (adopted 5/2/83, 5/6/86, 5/10/95, and 5/19/05), maximum price charged can be;

Football and basketball

\$5 for adults

\$3 for students with I.D.

If admission is charged for ***other Upstate Eight Conference athletic contests***, the maximum price charged can be:

\$5 for adults

\$3 for students with I.D.

Conference Tournaments

\$5 for adults

\$3 for students with I.D.

For all-day tournaments, a charge for an all-day pass may be used.

Meetings: Meetings will be called when necessary.

ARTICLE VIII. ATHLETIC DIRECTORS/ACTIVITIES DIRECTORS/ASSISTANT ATHLETIC DIRECTORS

Athletic Directors/Activities Directors

1. The athletic/activities directors shall hold monthly meetings, if necessary, during the school year as needed to carry on the work of the conference.

2. The chairperson and secretary shall rotate annually according to the alphabetical arrangement of the member schools.
3. The chairperson and secretary shall fulfill the duties normally assigned to these offices.
4. Groups of coaches/sponsors for a sport shall present any recommendations to the athletic/activities directors for consideration.
5. All recommendations made by the athletic/activities directors shall be presented to the Board of Control for action.

Assistant Athletic/Activities Directors

The assistant athletic directors shall hold quarterly meetings if necessary, during the school year to carry on the work of the conference, meeting jointly with the conference athletic directors.

ARTICLE IX. PROTESTS

1. The Board of Control of the Upstate Eight Conference shall rule on contests, appeals, or protests, provided that first, a satisfactory attempt shall have been made to arrive at an amicable settlement by the schools involved, an second, that the athletic/activities directors have attempted to settle the issue.
2. Protests may be filed by the superintendent (or by the principal if the authority is delegated to him or her) of any member school of the Upstate Eight Conference under the following provision:
 - a. The protest shall be filed in writing with the Secretary/Treasurer of the Upstate Eight Conference within 10 days of violation.
 - b. Protest shall state the exact nature of the violation together with the evidence available in support of the protest.
3. Protests shall be considered by the officers of the Upstate Eight Conference, or in case officers are connected with the schools concerned, by a committee appointed by the President from the remaining schools. The committee appointed by the President from the remaining schools. The committee constituted pursuant to the provisions above shall be known as the Protest Committee

ARTICLE X. TELECAST POLICY

PART ONE

The following policy shall apply to games in which schools participating within the Upstate Eight Conference are competing. These policies shall apply to all game telecasting whether live or delayed. (Approved May 2, 1983)

1. FILING OF AGREEMENT

- a. The application to broadcast a game must be filed with the principal of the host school not later than 14 days prior to the first game or activity in question.
- b. Requests for permission to broadcast shall include a Certificate of Liability Insurance (amount to be recommended by the Board of Control) and a properly executed Hold Harmless Agreement.

2. DELAYED BROADCAST

Identical arrangements must be made for delayed broadcasts as for live broadcasts.

- a. Tapes will be shown no sooner than 12 hours or not later than 14 days after the contests is actually completed. Special permission to use tapes after the 14-day limit by mutual consent of the teams involved.
- b. The time of the showing of these tapes will not conflict with games in the viewing area.
- c. Film crews from commercial and/or cable television stations shall be allowed access to all Upstate Eight Conference games to shoot news film clips. These film clips shall be part of a station's regular news telecast or other special news programs. They must, however, request credentials from the local game management.

3. SPONSORS FOR BROADCAST

- a. The conference reserves the right to approve or reject the product or service, which desires to sponsor the broadcast. No beer, wine liquor or tobacco sponsorship will be permitted. No tavern or other establishment serving alcoholic beverages will be accepted for sponsorship. Combination businesses such as drugstores or hotels, which dispense alcoholic beverages, may be acceptable as sponsors but no part of the advertising message may refer to dispensing of alcoholic beverages. No advertising messages involving political issues or candidates for office will be permitted. Potential problems or questions should be cleared with the host school principal before the day of the game.
- b. The conference reserves the right to revoke the broadcasting privilege of any station at any time in the event that a station shall have been judged to have presented broadcasts in poor taste or incompatible with the purpose of the Upstate Eight Conference.
- c. The broadcasts shall be conducted without cost to the conference or the host school.
- d. Advertising on approved telecasts must conform to the guidelines issued by the IHSA.
- e. In the event that a local television station has its broadcasting privileges revoked, all other Conference schools will honor that decision.

4. PRODUCTION ARRANGEMENTS FOR APPROVED BROADCASTS

- a. All games shall be broadcast directly from an area assigned by the game management.

- b. On all football and basketball broadcasts, the station shall stay on the air except for brief station breaks during the full period between halves to interviews, programs, and special events which will build favorable interest in education within the Upstate Eight Conference and the two competing schools.
- c. The local game management must approve interviews of students, players or fans in advance. Player interviews are to occur only with permission of the coach.
- d. Three representatives from each broadcasting station will be accommodated for each basketball and football broadcast. Accommodations for station personnel for other activities will be determined in light of the broadcasting conditions and the physical facilities available. Each broadcaster has the responsibility of submitting a list of working personnel to the game manager and/or principal of the school involved.
- e. Financial arrangements of televised broad casts will be left to the discretion of the participating host school and the broadcasting station.
- f. All broadcasts shall be in the best interests of the players, coach's officials and fans. All decisions by game officials shall be accepted without question or criticism throughout the contest.

5. CANCELLATION BY AN UPSTATE EIGHT CONFERENCE SCHOOL

Failure by a station to comply with the terms of this policy shall be considered due cause for the termination of all agreement between the station and the Upstate Eight Conference schools.

6. ILLINOIS HIGH SCHOOL ASSOCTIATION (IHSA)

Policies, rules and regulations governing broadcasts of football games and basketball games are subject to revision as might be necessary in order to conform to rules and regulations of this associations.

7. SPECTATOR VIDEO TAPING

Spectator video taping for home consumption only shall be permitted with the following restrictions:

- a. Local managers are not required to provide additional space.
- b. May not interfere with the view of comfort of other spectators, game officials, or media.
- c. Permission must be obtained from the host school game management.

PART TWO

The policies, rules and regulations for broadcasting events other than football and basketball games shall be the same as the general policy governing football and basketball broadcasts.

ARTICLE XI. CODE OF ETHICS

PREAMBLE: Welcome to Upstate Eight Athletics and the (name of sport) game between (visitor) and (host). The Upstate Eight and (host school) are proud of the years of friendly, vigorous competition that have existed. We ask your assistance in continuing that tradition. Courtesy, respect and good sportsmanship are an essential quality of a good athletic contest. We expect that spectators and fans, coaches and teams, and all associated with this event will contribute positively so that we can be proud of our part as individuals, as schools and as friendly competitors.

ARTICLE XI-A. CODE OF ETHICS – PLAYERS

Each athlete representing an Upstate Eight School is to conduct himself in accordance with the Upstate Eight Players; Code of Conduct. This Code states:

- that all opponents will be treated with respect at all times;
- that self-control will be exercised at all times;
- that officials' judgments and interpretations of rules will be respected and followed without argument or making gestures indicating a dislike of a decision;
- that all communication with the officials regarding the clarification of a ruling will be handled by the captain;
- that both victory and defeat will be accepted with pride and compassion and never in a boastful or better manner;
- that opponents will be congratulated in a sincere manner following either victory or defeat.

ARTICLE XII-B. CODE OF ETHICS – COACHES/SPONSORS

Professional and ethical conduct is essential for all coaches. Because coaches have the obligation to set a good example for all others in the community, in the school and at athletic contests, their leadership an action can set that example. Coaches should recognize the following:

1. That they exercise at all times those qualities of good sportsmanship which contribute to the welfare of their team and the game or contest.
2. That they show tact, common courtesy and understanding of youth through their actions.
3. That they set a tone of self-conduct that includes honesty, sincerity and truthfulness.

4. That by personal appearance they set an example for all others with whom they may associate including, specifically, the athletes.
5. That they indicate a vigorous, forceful, inspiring kind of personality that contributes to the welfare of the game and all involved.
6. That they work cooperatively with the athletic director, administration, and other coaches in promoting the proper spirit and attitude for athletics and at athletic contests.
7. That they establish respect for rules and regulations by the example they represent to themselves, their team, and others.
8. That they meet all obligations of procedures, time, and commitment that are part of the responsibility as a coach.
9. That they keep the aims and objectives of their sport in line with those of the school, conference, and athletics in general.
10. That they observe and follow all rules procedures of the IHSA.
11. That they instruct their players on the kinds of obligations they are expected to meet as participants in a contest.
12. That they exercise proper discipline over their team through supervision of them at practice, at games, in locker rooms, and in all situations where they are representing themselves and the school.
13. That they act as a good host at all times, showing courtesy to the visiting coach, team, and spectators.
14. That they encourage social interchange between the participating teams.
15. That they avoid demonstrations or invitations that may result in excessive excitement and inflame or antagonize a crowd.
16. That they select and support capable officials for athletic events.
17. That they respect those officials and their judgments as they conduct athletic events
18. That they show courtesy to the opposing team and to the officials by shaking hands before and after the game.

ARTICLE XII - C. CODE OF ETHICS – SPECTATORS

A code of Conduct for spectators should closely parallel the expectations and demands made on players. Just as a player adheres to the rules of the game as it applies to their conduct, spectators (who are somewhat removed from the actual competition) should find it less difficult to do likewise.

The future of interscholastic athletics in the Upstate Eight Conference rests largely in the hands of the spectator (both student and adult) and his willingness to accept and practice the principles of good sportsmanship.

It shall be the policy of this Conference to eject and deny further admission to persons whose conduct is detrimental to the stated principle of good sportsmanship.

ARTICLE XIII. THE FIVE CATEGORIES OF GOOD SPORTSMANSHIP

What follows is an explanation of the five categories good sportsmanship has been divided into. The lists of illustrations following each category are not necessarily comprehensive, and are only meant to give observers and idea of what to look for.

1. Respect (toward officials, opposing team, coach, squad, fans, etc.)
 - a. No taunting (booing, chanting “airball,” singing “Hey, hey, good-bye,” etc.).
 - b. No vulgar language or gestures.
 - c. Attitude and behavior toward officials, opposing team, squad, fans, and players are generally positive and within the spirit of fair play.
 - Negative traditions such as holding up newspapers/tuning back during team introductions, holding up derogatory banners, waving hands/making noise during free-throw shots, etc. are not displayed.
 - Show of respect for injured player (cheerleader’s silent when injured player down, applause as injured player leaves floor, etc.)
 - d. Respect for property of people, school, and arena, etc.
2. Pride (toward own team, squad, fans, etc.)
 - a. Team spirit and support.
 - b. School spirit and support.
 - c. Self-control (controlling emotional and physical outbursts/temper).
 - d. A general sense of pride should be evident in the manner participants (players, squads, coaches, etc.) represent their school.
3. Attitude – participants (players, squads, coaches) encourage and provide and environment conducive to the spirit of fair play.
4. Leadership
 - a. Effort to maintain discipline among others.
 - b. Setting good examples as representatives of school.
 - *c. Coaches and team captains function as role models (they display superior sportsmanship and encourage others to do the same).

- *d. Expressions of good will (players/coaches shake hands at end of game).
- *e. Cheerleaders are leaders in cheers and crowd support for players and school.
Not mere performers.*

- 5. Original/Creative Expression or Promotion of Good Sportsmanship –
Use of team mascot, original slogans, cheers methods of crowd involvement.

* where applicable