

SWSC Conference Athletic Director's Workshop

Minutes

April 9, 2008 – Green Garden Country Club

Workshop Topic: “Testing For Performing Enhancing Drugs”

8:00 am – Scheduling meeting with all SSC and SICA schools

9:00 am – Workshop Presentation by Kurt Gibson, Assistant Executive Director, IHSA – “Testing for Performing Enhancing Drugs”

- a. Testing program will begins with state series athletic events 2008-09.
- b. Illinois is the first state to drug test without a legislative mandate.
- c. Sports Medicine Advisory initiative.
- d. Testing program is designed to serve as a deterrent/ roadblock.
- e. Higher risk sports will have more tests done.
- f. Three major areas of Testing:
 1. Consent – Forms kept on file at each IHSA school.
 2. Procedure – Tests will be random and as of right now post-competitive.
 3. Results – will be conducted by an outside agency.
- g. Banned substance list available at the IHSA webpage – under Sports Medicine.
- h. Four categories of drugs tested:
 1. Steroids
 2. Stimulants
 3. Diuretics
 4. Peptide Hormones and Analogues (HGH)
- i. Students are responsible for what they put in their bodies.
- j. All results will be reviewed by the IHSA MRO (Medical Review Officer).
- k. Results will be confidential.
- l. There will be some form of an appeal process.
- m. IHSA schools will collect forms, assist with testing, and provide continued education.
- n. Positive test will affect student and possibly school and awards. More information will follow.
- o. Two informational booklets will be available:
 1. Athlete's Handbook
 2. The Journey

Question and answer session followed with Principals and Athletic Directors.

Individual conference athletic contest needs were presented. The SWSC needs will be listed at the end of these minutes.

Different Conferences went to separate areas for individual conference meetings. All SWSC athletic directors and assistants were present.

SWSC regular athletic directors workshop agenda:

- I. Welcome by President Fabrizio – Congrats to Mr. Fabrizio for being named the IADA District 8 Athletic Director of the Year !!**
- II. Minutes from the March 5, 2008 workshop - approved unanimously.**
- III. Individual Sports Reports**
 - a. Baseball – No report at this time**
 - b. Softball – No report at this time.**
 - c. Track – Competition on a weekly basis – majority of athletes should compete.**
 - d. Badminton – Possibly change competition team order – maybe varsity at one site and fr/soph at the opposite site. No decision made.**
 - e. Boys Volleyball – Issue brought up about Sub-Regional at Marian Cath. Have to wait for seeding from the state.**
 - f. Boys Tennis – Would like to see post-season meeting at Conference Tournament.**
 - g. Water Polo – Brost wants to resign as Resource A.D. Resignation denied. Follow sports guidelines for competitive order.**
 - h. Boys Gymnastics – Starting time by mutual agreement. 6:00 or 6:30 pm.**
 - i. Girls Soccer – No report at this time.**
- IV. Sites and Fees – Final for 2008-09 - Green sheets distributed - Sites and fees verified by athletic directors. New sheets to come at a later time.**
- V. Assignment Chairpersons Report – All existing chairpersons will be back. Question about 2 different baseball chairs. Would like to see one chair with mandatory online assigning. Need to open interviews for one baseball assigner. Motion made by Rich Piathek, seconded by Randy Konstans.**
- VI. Constitution and By-Laws – Nothing at this time**
- VII. Principal's Report – Budget was presented to Principals. Will be voted on at April Principal's meeting.**
- VIII. IADA Report – State conference will be in Tinley Park – May 2-5 at Holiday Inn Select. Former H-F athletic director will be inducted into the IADA Hall of Fame on Saturday night at the dinner. Each school owes Rich Piathek \$30 for the SWSC Conference gift.**

- IX. Murphy Golf Outing Update – get your list of participants to Rich Piatchek. Money can come later. Will be in conjunction with our last SWSC meeting on May 15, 2008.**
- X. Workshop Topic – covered at the beginning of these minutes.**
- XI. Old Business – Spring Schedules 2009 – boys volleyball rotation was fixed
Discrepancy in number of dates for boys and girls tennis with crossovers. Will stay this way for one year until changes in 2009-10.**
- XII. New Business – Discussion on where to meet for monthly meeting next year. Will be on the next meetings agenda. Please give some thought to this. First meeting in August should be August 6th – 1 week before all Fall Sports begin.**

Lincoln-Way North – projected to have 1300 students in 2009-10 – possibly one level in swimming, water polo, softball?

Badminton – ruling on boys in girls program. May compete against other boys. Not eligible for state series. Lockport has 1 boy, LW Central has 2 boys.

Motion to adjourn – Randy Konstans – seconded – Rich Piatchek

Needs and Openings

Lincoln-Way West – Fr. and Soph. girls basketball games and tournaments

Lower level girls and boys bowling invites

Lower level baseball and softball games

Lower level girls and boys swimming invites

Lower level girls soccer games and tournaments

Lower level volleyball games and tournaments

All spring sports lower level tournaments

Joliet Township – Lower level team sports – freshman

February 28, 2009 – boys varsity track – 3 teams

March 21, 2009 – Girls s/v Badminton Tournament – 2 teams

March 19, 2009 – Girls varsity track – 3 teams

Need freshman boys volleyball tournament

Lincoln-Way Central – Need 7 frosh/soph level baseball games

Need 5 frosh/soph level girls soccer games

Need 7 frosh/soph level softball games

Need 6 frosh/soph level boys volleyball games.

Lockport – Needs sophomore “B” football games

**Lincoln-Way North – Needs boys tennis matches and invites
Needs boys and girls track invites
Needs girls soccer games**

Stagg – Needs Varsity Boys Volleyball Tournament

**H-F – Needs 4 teams for a girls varsity track invite on April 11, 2009
Needs 4 teams for a boys varsity track invite on April 18, 2009.
Needs freshman baseball games**

**Sandburg – Needs Boys bowling invites
Needs freshman girls basketball tournament**

Andrew – Needs freshman girls soccer games

**Bolingbrook – Needs Soph. Boys Basketball Christmas Tournament
Needs freshman “A” football game week 3**