

SOUTHWEST SUBURBAN CONFERENCE: Girls' Volleyball: Sport Guidelines

I. Season Limitations

- A. Practice may begin on Wednesday, August 12, 2009.
- B. First contest may be held on Monday, August 31, 2009.
- C. Season ends on Saturday, November 14, 2009.

II. Contest Limitations (Exclusive of the IHSA State Series)

- A. 21 contests and 0 tournaments or
- B. 19 + 1 or
- C. 18 + 2 or
- D. 16 + 3 or
- E. 15 + 4
- F. No more than five (5) matches in any single tournament.

III. Levels of Competition

- A. Varsity (Junior Varsity optional)
- B. Sophomore
- C. Freshman A and B

IV. Coaches Meeting

- A. Pre-Season will be held on Wednesday, August 19, 2009 at Lincoln-Way West High School at 7:00 pm. as a part of the SWSC Fall Mega-meeting.
- B. Post- season meeting will be held on Monday, October 26, 2009 at Lincoln-Way North at 7:00 p.m.

V. Championships and Awards

- A. Division Standings
 - 1. A championship trophy shall be awarded to the winner at the Varsity level of each Division.
 - 2. An engraved plate will be awarded to the winner at the Sophomore level of each Division.
 - 3. The Division champion will be recognized by the best won-loss record from all division games and excludes crossovers.
- B. Individual Awards
 - 1. Players from each Division will be selected to the All Conference Team. *{14 players in an 8-team division and 13 players in a 7-team division}*. **The mission of the coaches is to select the best players in the conference from each division to the All-Conference Team.**
 - 2. The criteria established for awarding these is as follows:
 - a. First & second place teams will receive three (3) selections each.
 - b. Third & fourth place teams will receive two (2) selections each.
 - c. Fifth through eighth place teams will receive one (1) selection each.
 - 3. In the event of a tie for a place, head-to-head results determine team placement. In the event there is still a tie, the total number of selections for the teams involved will be averaged and rounded up to the next higher number. (Example: A tie cannot be broken for 2nd and 3rd place. Add the 3 selections + 2 selections

SOUTHWEST SUBURBAN CONFERENCE: Girls' Volleyball: Sport Guidelines

divide by 2 and get an average of 2.5 selections. Each team would receive 3 all-conference selections).

4. All-Conference selections will be voted on by the coaches at the post- season meeting.

VI. Terms of Contests

A. Host School Responsibilities

1. Courts and equipment shall be in accordance with National Federation Rules.
2. A visible scoreboard shall be provided.
3. Game ball shall meet National Federation Rules.
4. The host school shall provide all practice balls.
5. Ground rules, such as ceiling obstructions, etc., shall be explained to the officials and visiting school prior to the contest.
6. Provide locker room facilities.
7. Line judges are required for all Varsity matches provided by the host school following IHSA guidelines.

B. Visiting School Responsibilities

1. Provide own locks and towels.
2. Coach is responsible for supervision of the locker room assigned to them.

C. No lower level matches may be played once the IHSA State Series begins.

D. Game procedures

1. All regular season contests shall follow IHSA Guidelines using rally scoring.
2. Sophomore and Freshman "A" matches will be played first, followed by Varsity and Freshman "B" matches.
3. If a practice is in session at a game site, the court should be made available at least 1/2 hour before the start of the match.
4. Time between the Sophomore and Varsity game shall be in accordance with National Federation Warm-Up Rules. The pre-match meeting for the varsity match will occur immediately following the Sophomore match.
5. At the conclusion of the Sophomore match, when the court is cleared and the floor made ready, the official shall begin warm-up.

E. Starting times shall be upon mutual agreement.

VII. Officials

A. Officials shall be hired as follows:

1. Varsity - two (2)
2. Junior Varsity- two (2)
3. Sophomore - two (2)
4. Freshman "A" and "B" - two (2)

SOUTHWEST SUBURBAN CONFERENCE: Girls' Volleyball: Sport Guidelines

VIII. Reporting Results

- A. Each school will enter conference results on the SWSC website in a reasonable time following the match.
- B. The Division win-loss records and scores will be verified at the post-season meeting to determine the Division champions and final standings.
- C. The resource AD is responsible to enter conference team champions and all-conference players on the SWSC website.

IX. Miscellaneous Information

Playing Sites

All school will play on campus except:

Homewood- Flossmoor- Vars./Soph. (Main Gym), Freshman (Fieldhouse)

Lockport Township- Vars./Soph. (Central Campus), Freshman (East)